

COUNCIL ON AGING BOARD
REGULAR SESSION MEETING MINUTES
Veteran's Memorial Building, Rm 19
2900 Main Street, Millis, MA 02054
MEETING NOTES FROM January 10, 2014

CALL TO ORDER: Mary Skilling called the meeting to order at 9:35 am.

The following persons were present:, COA Director Patty Kayo, Chairman, Mary Skilling, Secretary Helen Daly, Linda Beyer, Carol LaFreniere, Maria Neville, Bill Brown, Sam Howie

Secretary's report – Approved as amended

Motion made by Linda to approve as amended second by Bill

Treasurer's Report

- Patty is working with Michael O'Keefe's secretary to make final update on report.
- Transportation Revolving Account read \$6196.44 on financial report – actual figure should be \$5520.44 – Patty will re-check and update.

Motion to accept report made by Linda, seconded by Bill

HESSCO Report –

- Maria reported that she is serving on the Finance Committee and that disbursements change monthly
- Survey on Nutrition results show –
 1. Serving portion sizes not big enough
 2. 10% of the recipients saved their meals to eat later in the day
 3. Question as to the sodium – info is listed on back of each meal
 4. Vegetables are overcooked – they need to be cooked to a certain temperature, therefore, they tend to be overdone because of the overheating process
 5. There were no complaints regarding the increase in price
- Patty asked Maria to see if HESSCO will be impacted by the new law regarding recycle food waste program which is due to take place July 2014

Motion to accept by Linda, seconded by Bill

Outreach report-

- Carol has been busy checking on those who have been sick over the last month – and those at risk during the cold spell – reports that all are OK

Motion made to accept made by Linda Beyer. Seconded by Bill

Director's Report

- Patty reports that a new refrigerator is due to be delivered today as the old one has not been working for over a week. The new item will cost \$3K and cost will be covered under the Town budget.
- Motion made by Linda Beyer to accept, Second by Bill

No Chairman's Report

Old Business:

- Patty reports that the budget has been finalized and that she will be working with Bonnie Hilton on a Power Point presentation. She is asking:
 - The driver's salary be increased to \$15/hour.
 - Patty's hours be increased from 20 to 35 hours/week
 - Both Dept. Asst. and Outreach to 20 hours.
 - Receptionist/ Dispatch to \$10/hour. Paid from Formula Grant.

- That we increase hours from 4.4 hours/day to 7.7 hours/day as most of the towns around offer
- Notes that the senior population has grown to 52% in the past 9 years.
- She is asking that all committee members attend both the FinCom meeting on 2/26 and the Selectman's meeting on 3/24.
- Discussion as to the best way to reach the senior population regarding the upgrades requested.
- Suggested that the next newsletter stress the importance of their involvement for the betterment of their Senior Center and that letters of support will be gratefully received by the COA to be presented to the FinCom and Selectmen.
- If requested budget items are approved the Center will remain open until 4:30pm every day and be fully staffed during that time. OR that we could consider being open 1 night/week for special events.
- Patty noted that there are many tasks, such as filing, that are not getting done due to restrictive work hours.
- It was noted that the letter should come from the Board in support of the Council
- Report on the Christmas Party – well attended(approx. 50) the food was delicious and a good time was had by all in attendance
- The new exercise video is being used on the new TV – seems to be catching on.

New Business:

- Mary brings up the issue of fraud letters and phone calls being received by the seniors. Suggested that the Better Business Bureau may come in to speak about Fraud issues
- Mary mentions the issue of competition from the new Library's offering of crafts and movies. Discussion that a collaborative effort should be put in place to offer our seniors as many options as possible in the Town. Suggested that perhaps a movie be shown one week at the Library and the following week at the Center (once the hours are increased to accommodate this effort).
- The Garden Club Flower Arranging class that was scheduled to be held at the Center on Valentine's Day (2/14) be postponed until perhaps Mother's Day. Helen reported that the Garden Club was having a difficult time finding a member to organize this effort due to illness and family commitments. Patty suggested that we have a Valentine's Day Tea at 10am and Helen offered that the Garden Club would offer an arrangement that could be raffled off. A suggestion was made that perhaps poems could be read by attendees – either by bringing their own favorite or by reading from poetry books offered at the Center.

Motion to adjourn the meeting made by Linda, seconded by Bill

Meeting adjourned at 10:40 AM

Next COA Board Meeting: February 14, 2014 at 9:00 am